

Careers: References

When an employer is deciding who to hire for a job, they may ask a person applying for the job to provide a reference or references. A reference is usually someone you have worked for in the past who can give information about you did your job when you worked for them.

When you are applying for your first job, you may choose a teacher, a youth group or sports team leader, or someone else that knows you. In general, you wouldn't use a relative as a reference unless you actually worked for them.

You should always ask for permission from the person before using them as a reference!

Talk to a teacher, coach, group leader, or someone else who knows you well. Ask them how they would describe you if someone asked them for a reference for you. What would they say about you?

Think of a good friend of yours or someone you have worked with in the past. If someone were to ask you for a reference for that person for a job, how would you describe them and their work?