

Communication Skills

Friends and Family:

Communication Road Blocks



A road block can mean something that is actually blocking the road, like in this picture. But it can also mean anything that gets in your way. It can be a physical thing like a wall, or something in your head, like being afraid. Choose an adult in your home to be your partner and answer the following questions together. Include answers from both of you. Use the back of the page if you need more space. Write your partner's name here. _____

1. Do you ever use words the other person doesn't understand? If you, please write some examples here:
2. Are there any kinds of things that would make you mad if your partner said it, but might be ok if someone else said it? Or something that would be ok if your partner said, but would make you mad if someone else said it? Can you give an example?
3. Can you think of any things that might make it hard to understand what another person is saying? If you can think of some things, write them here.
4. When someone is angry, is it harder to pay attention to what they are saying because you know they are mad? Why or why not?
5. Do you think that people who are very different in age find it hard to talk to each other? Why or why not?
6. What are your favorite and least favorite things to talk about with your partner?