

My Personal Profile: Game Plan

A game plan is a step-by-step plan to get to some kind of goal. For example, if you wanted to be an Olympic gymnast, your game plan might be:

1. Find a place to take gymnastic lessons
2. Buy gym clothes that you can wear for practice
3. Attend lessons at least three days a week
4. Learn the skills needed to compete at the local level
5. Enter a local competition
6. Win a local competition
7. Find a gym that has a Junior Olympic Training Program
8. Spend at least 40 hours a week in training
9. Earn high scores in an Olympic qualifying competition
10. Be selected for the Olympic team

Think of a goal that would be a big challenge that you would like to achieve. It could be making a sports team, getting accepted to a particular school, having a particular job, making a certain amount of money, or anything that would be important to you and would take many steps. Write your goal and at least eight steps you'd have to take, in order, to achieve that goal. If the goal is something you actually want to do or plan to do, consider taking the first step!

My Goal:

Step 1.

2.

3.

4.

5.

6.

7.

8.