

People and Cultures

Family Foods

Instructions:

Talk to a caregiver or other adult in your home (or another adult you know) about some of the foods your family likes to eat. Pick a food that is your favorite or a family favorite and answer the questions below. Use the answers to make a poster about your food.



What food did you choose? Is it your favorite or your family's favorite?



If that food is made up of more than one ingredient, what are the ingredients?



How do you make that food or dish? How did your family learn to make the dish?



Is that food associated with a particular country or place, and if so, which one?



Is the food associated with any particular time of year, holiday, or celebration?