

# Communication Skills

## Individual Research: Write a Recipe

A recipe is a list of ingredients and instructions that tells someone how to make something. For example, the recipe for a peanut butter and jelly sandwich might look like this:

### **Peanut Butter and Jelly Sandwich**

#### Ingredients:

Two pieces of bread for each sandwich  
Peanut Butter  
Jelly

#### Directions:

1. Lay the two pieces of bread on a plate or paper towel side by side.
2. Using a butter knife, spread peanut butter on one side of one piece of bread.
3. Wipe off the knife, then use it to spread jelly on one side of the other piece of bread.
4. Put the two pieces of bread together so the peanut butter and jelly are touching.
5. Use the knife to cut the sandwich in half.

Think of something that you know how to make. It doesn't have to be a food, it can be a craft or other project that has materials or ingredients and steps to follow. Use a piece of paper or poster board to write your recipe. You can add drawings, decorations, or pictures if you like.

#### Tips:

- Remember to include amounts if they are important. In the sandwich recipe, the recipe says two pieces of bread per sandwich, but doesn't specify the amount of peanut butter or jelly because people might want to use different amounts.
- Write the instructions so that someone who doesn't know anything about what you are doing can understand them. Define any words someone might not know, or explain an ingredient or material if it is unusual.